

InBalance Chiropractic & Wellness

Text Message Terms & Conditions

- 1.) These terms and conditions apply to SMS text messages sent by InBalance Chiropractic & Wellness. These messages can be recurring or one-time SMS text messages.
- 2.) You can cancel the SMS service at any time. Just text "STOP" in response to the text message you received. After you send the SMS message "STOP" to us, we will send you an SMS message to confirm that you have been unsubscribed. After this, you will no longer receive SMS messages. If you want to restart the text messages, you will need to provide your consent again.
- 3.) If at any time you forget what keywords are supported, just text "HELP" to the text message you received. After you send the SMS message "HELP" to us, we will respond with instructions on how to use our service as well as how to unsubscribe.
- 4.) Data obtained from you in connection with this text messaging service may include your mobile phone number, your carrier's name, and the date, time and content of your messages and other information you provide to InBalance Chiropractic & Wellness as part of this service. InBalance Chiropractic & Wellness may use this information to contact you and provide services you request from InBalance Chiropractic & Wellness. InBalance Chiropractic & Wellness may also use this information as described in the subscription list you've enrolled in. If you have questions regarding our privacy practices, please read our [privacy policy](#).
- 5.) As always, message and data rates may apply for any messages sent to you from us and to us from you. If enrolled in a subscription, the maximum number of messages per month you will receive will vary. If you have any questions about your text or data plan, it is best to contact your wireless provider.
- 6.) InBalance Chiropractic & Wellness will not be liable for any delays in the receipt of any text messages. Delivery is subject to effective transmission from your network operator.
- 9.) If you have questions regarding how InBalance Chiropractic & Wellness collects, uses, shares, and protects guest information, please read our [privacy policy](#).